

Back at May Fayre in 2013



Health Expo

Come and Avail

Free Health Screening and Health Information at our Health Stall

Features:



Blood Pressure Testing
Blood Glucose & Cholesterol Testing
Height and Weight checks
Body Mass Index (BMI)
Body Fat Analysis
Biological (Health) Age Analysis
Fitness Testing
Lung Function Testing
Breath Carbon Monoxide Testing



General Health Advice (Lifestyle, health promotion, nutrition, smoking cessation etc.)
Literature/Information (on heart disease, stroke, diabetes, cancer, arthritis, osteoporosis etc.)

Everything is free!

That's not all

Food for Sale - at our Food Stall



Prepared by an experienced chef
At very reasonable prices
Features international cuisine



Organised & Sponsored by:



PORTSMOUTH SEVENTH-DAY ADVENTIST CHURCH

133 Chichester Road, North End, Portsmouth PO2 0AQ

www.portsmouthadventist.org.uk

For more information contact Tim on 07971186530 or Andy on 07960876220

We have Portsmouth Community at heart.